
UNIVERSAL TREATMENT CURRICULUM TRAINING SCHEDULE - 2024/2025

NACADA is mandated to provide and facilitate the development and operation of rehabilitation facilities, programs and standards for persons suffering from substance use disorders. Certification of addiction professionals is one step in that direction. The objective is to ensure quality treatment and rehabilitation to persons with substance use disorders by certifying addiction professionals.

Below is a description of trainings available:

1. BASIC LEVEL

The Basic Level Universal Treatment Curriculum (UTC) consists of 8 courses that cover the broad spectrum of addiction treatment. The content and methodology of the UTC training series is designed to ensure that addiction practitioners develop a balanced perspective of the principles relating to both the science and art of addiction treatment. Each course is intended to enhance the knowledge, skills and competencies of addiction professionals, as well as promote evidence-based practice for the enhancement of service delivery and treatment outcomes.

Course 1: Physiology and Pharmacology for Addiction Professionals (20 hours) This course presents an overview of addiction; provides an understanding of the physiology of addiction as a brain disease; and describes the pharmacology of psychoactive substances.

Course 2: Treatment for Substance Use Disorders –The Continuum of Care for Addiction Professionals (33 hours)

This course provides the foundation for learning about SUD treatment. It gives an overview of recovery and recovery management, stages of change, principles of effective treatment, components of treatment and evidence-based practices.

Course 3: Common Co-occurring Mental and Medical Disorders – An overview for Addiction Professionals (20 hours)

This foundational course provides an overview of the relationship of co-occurring mental and medical disorders, and SUD-related treatment issues.

Course 4: Basic Counselling Skills for Addiction Professionals (33 hours)

This course provides an overview of the helping relationship and opportunity to practice core counselling including basic skills in motivational interviewing, group counselling and implementation of psychoeducation sessions.

Course 5: Intake, Screening, Assessment, Treatment Planning and Documentation for Addiction Professionals (33 hours)

This course is a skills-based course that teaches effective and integrated intake, screening, assessment, treatment planning and documentation procedures to addiction professionals.

Course 6: Case Management for Addiction Professionals (13 hours)

This is a foundational and skills-based course that provides an overview of case management in SUD treatment and provides skills practice in case management functions.

Course 7: Crisis Intervention for Addiction Professionals (13 hours)

This course addresses the concept of crisis as part of life and provides guidelines for crisis intervention including managing suicide risk. It also addresses ways in

which counselors can avoid personal crisis situations by providing information and exercises about counselor self-care.

Course 8: Ethics for Addiction Professionals (26 hours)

This Course addresses professional conduct and ethical behavior in SUD treatment that covers confidentiality, ethical principles and professional code of ethics. It provides the opportunity to learn and practice the use of an ethical decision-making model through case study analysis.

ELIGIBILITY

- Degree in Social Sciences, Medicine, Education or related field (Pharmacy, Public Health)
- Diploma in Addiction Counselling, Psychology, Social Work, Education and Psychiatric Nursing

The training is conducted in three phases as follows:

Phase 1	UTC 1: Introduction to the Science of Addiction UTC 2: Treatment for SUDs- The Continuum of Care UTC 3: Common Co-occurring Mental and Medical Disorders
Phase 2	UTC 4: Basic Counseling Skills for Addiction Professionals UTC 5: Intake, Screening, Assessment, Treatment Planning and Documentation
Phase 3	UTC 6: Case management for Addiction Professionals UTC 7: Crisis Interventions for Addiction Professionals UTC 8: Ethics for Addiction Professionals

In view of the above, NACADA has organized training programmes to meet the needs of Treatment professionals:

SCHEDULE OF TRAININGS FOR UNIVERSAL TREATMENT CURRICULUM (UTC) 2024/2025				
PROGRAMME	TARGET GROUP	DATES	VENUES	COSTS
Physical Basic Universal Treatment Curriculum Phase 1 Phase 2 Phase 3	<ul style="list-style-type: none"> • Addiction Professionals 	October 2024 January 2025 March 2025		KES 30,000 Per person per phase 6 days per phase
Online Basic Universal Treatment Curriculum Phase 1 Phase 2 Phase 3	<ul style="list-style-type: none"> • Addiction Professionals 	Sept. 2024 November 2024 February 2025	Virtual	KES 5,000 per phase

2. RECOVERY COACH TRAINING

The aim of Recovery Coach courses is to equip participants with core competencies and skills to work as a recovery support professional. Below is a description of the training:

URC 1: Delivering Recovery Support Services: The PEER (Peer Experiences Empower Recovery) Model This course often referred to as “PEER,” provides a brief foundation that defines substance use disorders and recovery, and then provides the

needed information about competencies and skills, including awareness of trauma-informed care, self-care, and boundary setting, to work successfully as a recovery support professional. The course does not require prerequisite training and is designed to be a stand-alone course so that recovery support professionals can be trained quickly in the field.

URC 2: Delivering Recovery Support Services: The Recovery Allies (Allies Link and Lend Inventive Engaging Support) Model This course orients participants through a brief foundation that defines substance use disorders and recovery, and then provides the needed information about competencies and skills, including awareness of trauma-informed care, self-care, and boundary setting, to work successfully as a recovery support professional. The course does not require prerequisite training and is designed to be a stand-alone course so that recovery support professionals can be trained quickly in the field.

SCHEDULE OF TRAININGS FOR UNIVERSAL RECOVERY CURRICULUM (URC) 2024/2025				
PROGRAMME	TARGET GROUP	DATES	VENUES	COSTS
Universal Recovery Coach (URC1) (in person)	<ul style="list-style-type: none"> Recovering persons from SUDs Recovery support professionals 	March 2025		KES 10,000 per person 5 days
Universal Recovery Coach (URC2) (in person)	<ul style="list-style-type: none"> Recovery support professionals 	March 2025		KES 10,000 per person 5 days

3. WOMEN’S INTERVENTION FOR SUBSTANCE EXPOSURE: COMPREHENSIVE CARE FOR SUBSTANCE USE DISORDER (WISE) UTC-41, UTC-42, UTC-43 AND UTC-44

The aim of the WISE courses is to increase provider’s capacity to identify, assess and effectively treat women who have substance use disorders.

Below is a description of the training:

The Women Intervention for Substance Exposure: Comprehensive care for substance use disorders (WISE), consists of 4 courses that cover the broad spectrum of addiction management for women. Each course is intended to enhance the knowledge, skills and competencies of addiction professionals, as well as promote evidence-based practice for the enhancement of service delivery and treatment outcomes.

Course 1: Clinical Care for women with substance use disorders This course presents an overview of substance use among women, participation in women’s health and wellness treatment, theories and basic concepts, clinical care for women with SUDs, comprehensive evaluation, Treatment planning, Women with SUDs, mood disorders, eating disorders, Post traumatic stress disorders and components of case management.

Course 2: Trauma Responsive and Family-Centered Care for Women and their Children

This course provides the overview of trauma and its types, trauma specific models for women with SUDs, Trauma responsive services, Treatment for trauma and SUDs, and trauma informed approach.

Course 3: Caring for Women with Substance Use Disorders across the lifespan and in specialized circumstances)

This course provides an overview of considerations at lifespan stages for women with special clinical needs; women displaced from their home environments, cultural competency and cultural humility.

Course 4: Creating and implementing a Women-Responsive Substance Use Disorder Treatment Model of Care (33 hours)

This course provides an overview of the components of comprehensive care for women with SUDs- clinical treatment, counseling and education, mental health services, linkages to recovery supports; clinical support- parenting and child development, employment and housing support, community support- family strengthening services, childcare, social service linkages, faith-based organizations; and core components of an action plan.

ELIGIBILITY

- Degree in Social Sciences, Medicine, Education or related field (Pharmacy, Public Health)
- Diploma in Addiction Counselling, Psychology, Social Work, Education and Psychiatric Nursing
- Training in UTC 1, 2 and 3

The training is conducted in four phases.

In view of the above, NACADA has organized training programs to meet the needs of Women Treatment professionals:

SCHEDULE OF TRAININGS FOR WISE CURRICULUM 2024/2025				
PROGRAMME	TARGET GROUP	DATES	VENUES	COSTS
Physical WISE Curriculum Course 1 Course 2 Course 3 Course 4	<ul style="list-style-type: none">• Addiction Professionals	October 2024 January 2025 March 2025 June 2025		KES 30,000 Per person per course 5 days per course
Online WISE Curriculum Course 1 Course 2 Course 3 Course 4	<ul style="list-style-type: none">• Addiction Professionals	Sept. 2024 November 2024 February 2025 April 2025	Virtual	KES 10,000 per course

4. THE CHILD INTERVENTION FOR LIVING DRUG FREE (CHILD)

The aim of the CHILD courses is to increase providers' capacity to identify, assess and effectively treat children who have substance use disorders.

Below is a description of CHILD Curriculum:

The Child Intervention for living drug free (CHILD) curriculum, consists of 7 courses that cover the broad spectrum of addiction management for children. Each course is intended to enhance the knowledge, skills and competencies of addiction professionals, as well as promote evidence-based practice for the enhancement of service delivery and treatment outcomes for this vulnerable population.

Course 1: Interventions for Children with Substance Use disorders (SUDs)

Course 2: Treating children with SUDs: Special considerations and counseling

with children

Course 3: Motivational interviewing for children with SUDs

Course 4: Attachment theory and principles of treating children with SUDs affected by trauma and distress

Course 5: Principles of pharmacological treatment for children with SUDs: A menu of options

Course 6: The Suitcase for Life Intervention Tool

Course 7: Parenting module

ELIGIBILITY

- Degree in Social Sciences, Medicine, Education or related field (Pharmacy, Public Health)
- Diploma in Addiction Counselling, Psychology, Social Work, Education and Psychiatric Nursing
- Training in UTC 1, 2 and 3

The training is conducted in three phases as follows:

Phase 1	Courses 1 and 2
Phase 2	Courses 3 and 4
Phase 3	Courses 5, 6 and 7

SCHEDULE OF TRAININGS FOR CHILD CURRICULUM 2024/2025

PROGRAMME	TARGET GROUP	DATES	VENUES	COSTS
Physical CHILD Curriculum Phase 1 Phase 2 Phase 3	<ul style="list-style-type: none"> • Addiction Professionals 	October 2024 January 2025 March 2025		KES 30,000 Per person per phase 5 days per phase
Online CHILD Curriculum Phase 1 Phase 2 Phase 3	<ul style="list-style-type: none"> • Addiction Professionals 	Sept. 2024 November 2024 February 2025	Virtual	KES 10,000 per phase

5. ALTERNATIVES TO INCARCERATION (ATI) FOR INDIVIDUALS WITH SUBSTANCE USE AND BEHAVIOURAL HEALTH DISORDERS: A TRAINING FOR POLICY MAKERS

The aim of the ATI Training for policy makers course is to increase capacity of the criminal justice system workers to identify, assess and effectively refer for management those with substance use disorders.

Below is a description of the training:

The ATI course for policy makers will explore:

1. Framing the challenge of drug use and justice

2. Fundamentals of addiction and addiction treatment
3. Evidence based treatment options
4. Managing risks and needs in designing effective drug treatment
5. Models of alternatives to incarceration
6. Screening and assessment for effective systems change
7. The role of case management in ATI
8. Assessing your system for ATI

ELIGIBILITY

Officers in the below departments or organizations are eligible to undertake the training:

1. The Ministry of Interior and National Administration through the National Authority for the Campaign Against Alcohol and Drug Abuse (NACADA)
2. Community Service Organizations working in Prevention and Management of Substance Use and Abuse
3. Criminal Justice System Agencies (CJS):
 - The National Council on Administration of Justice;
 - Judiciary;
 - Office of the Director of Public Prosecutions;
 - National Police Service (Kenya Police, Administration Police and Directorate of Criminal Investigations);
 - Probation and Aftercare Services;
 - Kenya Prisons Service;
4. Healthcare:
 - Ministry of Health;
 - NASCOP,
 - Pharmacy and Poisons Board (Competent National Authority)

SCHEDULE OF TRAININGS FOR ATI CURRICULUM 2024/2025

TARGET GROUP	DATES	VENUES	COSTS
<ul style="list-style-type: none"> • Policy Makers 	October 2024 January 2025 March 2025		KES 30,000 Per person

For further enquiries contact training@nacada.go.ke